



## 2026 NYLT Participant Packing List

All gear will be carried by participants from check-in to campsite; Use a backpack, do not bring trunks, footlockers, or suitcases.

Be prepared for an outpost overnight with a hike of moderate length (backpack, tent) as well as the week in base camp (platform tents/cots).

### **REQUIRED- Label items with Name and Home Troop Number.**

- Med Form with completed parts A, B and C and copy of health insurance card brought to pre-camp meeting. Paper copy required in addition to completing Camp Docs by June 1.
- All food allergies and dietary restrictions entered in Camp Docs by June 1 (Camp purchases for 2 weeks in advance of course)
- Required medications, only enough for the week, in original bottles/packaging, placed in zip lock bag labeled with camper's name and completed Medication Administration Record
- Backpack. Scouts carry their own gear to the campsites & on outpost
- Full scout uniform
  - Official Scouting America Scout shirt ("Class A" field uniform) with proper insignia.
  - Scout shorts (at least two pairs-Scouts will be in uniform all week)\*
  - Scout socks (at least three pairs-Scouts will be in uniform all week)\*
  - Belt
- \*Official Scouting America shorts and socks can be replaced with similar color and style if needed*
- Sneakers and hiking boots
- Underwear and scout appropriate sleeping attire
- Sleeping Bag (bug net is optional)
- One set of old clothes that can get dirty and possibly stained for Realistic First Aid
- Rain Jacket and a Sweatshirt
- Towels, shower shoes, soap, shampoo, toothbrush, and toothpaste and toiletries
- Mess kit to include Cup/Bowl/Plate/knife/fork/spoon
- Day Pack
  - Personal first aid kit, Sunscreen lotion, non-aerosol insect repellent

- o 1-liter water bottle
  - o Pen and Pencil, small notebook, Scout Handbook in large ziplock to keep dry.
  - o Flashlight with fresh batteries, **Compass**, Watch, Pocket Knife
  - o Small, insulated lunch bag
  - Tent for outpost on Thursday night
- Scouts will be able to collaborate with other patrol members to share if necessary*

#### **NYLT provides**

- NYLT baseball hat
- NYLT T-shirts
- Participant Notebook

#### **Optional:**

- Pillow
- Sunglasses
- Extra pair of shoes
- Spices for patrol cooking (in original container)
- \$5-10 for one pre-planned trip to trading post
- Trekking poles for hike to outpost

#### **Don't Bring**

Electronics including cell phones, coolers, radios, gaming devices, large amounts of money, fireworks, non-Scout reading materials, tobacco/nicotine products, or footlockers. Do not bring items inconsistent with the Scout Oath and Law.