



## 2023 NYLT Participant Packing List

### REQUIRED

- Required medications, only enough for the week in a sealed pill pack from the Pharmacy.
- Backpack – you will carry all your gear up the hill to your site. (Foot lockers and duffle bags don't work well at all)
- Full scout uniform
  - Official BSA Scout shirt with proper insignia.
  - Official BSA Scout shorts (at least two pairs-Scouts will be in uniform all week)
  - Official BSA Scout socks (at least three pairs-Scouts will be in uniform all week)
  - Belt
- "Class B" shirt- Your home troop's activity t-shirt or other BSA t-shirt
- Sneakers for in camp, Hiking boots for foul weather
- Underwear, scout appropriate sleeping attire
- Sleeping Bag and bug net (for use in the standard two person framed tents)
- One set of old clothes & shoes that can get very dirty and you won't be upset about never using them again (used for Challenge Valley and Realistic First Aid)
- Rain Jacket and a Sweatshirt
- Towels, shower shoes, soap, shampoo, toothbrush, and toothpaste.
- Mess kit to include Cup/Bowl/Plate/knife/fork/spoon (and spices if you want. Patrols cook their own meals)
- Day Pack
  - Personal first aid kit, Sunscreen lotion, non-aerosol insect repellent
  - 1-liter water bottle
  - Pen and Pencil, small notebook, Scout Handbook in large ziplock to keep dry.
  - Flashlight, Compass, Watch, Pocket Knife
- Tent for outpost on Thursday night. Scouts will be able to collaborate with other patrol members to share if necessary.

### NYLT provides

- NYLT baseball hat
- NYLT T-shirts
- Participant Notebook

### Optional:

- Pillow
- Sunglasses
- Extra pair of shoes

### Don't Bring

Electronics including cellphones, coolers, radios, gaming devices, large amounts of money, fireworks, non-Scout reading materials, tobacco/nicotine products, or footlockers. Do not bring items inconsistent with the Scout Oath and Law.