# GRISWOLD SCOUT RESERVATION HIDDEN VALLEY SCOUT CAMP



# PROGRAM PLANNING GUIDE SUMMER CAMP 2023

DANIEL WEBSTER COUNCIL BOY SCOUTS OF AMERICA www.nhscouting.org



GRISWOLD SCOUT RESERVATION 254 GRISWOLD LANE GILMANTON IRONWORKS, NH 03837

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Program Planning Guide

# **CONTACT INFORMATION**

For questions regarding program in any capacity, please contact: Hidden Valley Program program.valley@dwccamping.org

For questions regarding logistical or financial matters, please contact: Reservation Support Services (June 08 – August 18) 603-364-2900 <u>hv.rss@dwccamping.org</u>

# **PRE-CAMP MEETINGS & DATES**

WEEK	DATES	PRE-CAMP MEETING
Week 1	June 25 – July 1	Monday, June 12
Week 2	July 2 – July 8	Monday, June 19
Week 3	July 9 – July 15	Monday, June 26
Week 4	July 16 – July 22	Sunday, July 2
Week 5	July 23 – July 29	Monday, July 10
Week 6	July 30–August 5	Monday, July 17
Week 7	August 6 – August 12	Monday, July 24
Week 8	August 13 – August 19	Monday, July 31

Pre-Camp Meetings are a crucial aspect of preparing for your week at Griswold Scout Reservation.

SPLs and Scoutmasters should both attend the Pre-Camp Meeting. SPLs will handle program in one breakout, while Scoutmasters handle policies, procedures, and administrative matters in the other. These are simultaneous and cannot be attended by the same person.

Programs should be selected prior by the unit prior to the meeting. SPLs should come prepared to schedule unit activities, along with any questions.

#### PRE-CAMP MEETINGS WILL BE HELD ON ZOOM. ACCESS LINKS WILL BE SENT OUT PRIOR TO THE MEETING.

# HIDDEN VALLEY SCOUT CAMP PROGRAM

Hidden Valley Scout Camp's program consists of three elements:
1) Individual Advancement
2) Unit/Troop Activities
3) Campwide Activities/Competitions

### INDIVIDUAL ADVANCEMENT

Refer to on Page Merit Badge Schedule on Page 5 & Daily Program Schedule on Page 9

Monday and Tuesday will consist of the same two merit badge blocks, whereas Wednesday and Thursday will consist of two different merit badge blocks. In total, there are four available merit badge blocks. Some merit badges and programs, such as Frontier! and Lifesaving, may take up two blocks. These programs will run Monday through Thursday, either from 9-11AM, or 11:15-1:45PM.

### **UNIT/TROOP ACTIVITIES**

Refer to the Troop/Unit Activities Planning Worksheet on Page 7

Every day, including Friday, there will be two blocks for Unit/Troop activities. These programs are designed to provide fun, enriching, and challenging experiences for Scouts. In advance of the Pre-Camp Meeting, the SPL should survey the unit and/or PLC well in advance to see what activities they are most interested in doing at camp. Detailed descriptions follow in this manual of each program area and their offerings.

As always, we support your unit's program. If you would rather conduct your own program during this time, please do so!

### **CAMPWIDE ACTIVITIES/COMPETITIONS**

Refer to the Open Program Schedule on Page 8

During the evening, Monday through Thursday, many program areas will open for open program! Come with your unit, patrol, or just buddy pair! This is a great opportunity to try new activities, meet new people, and just have fun! Select programs will continue until the evening and end at 9:30PM. On Friday, following lunch, campwide competitions and open program will be conducted all day until dinner! Challenge another unit! Enjoy programs! More to be announced!

MERIT BADGE/PROG RAM	<u>BLOCK 1A</u> MON & TUES 9-11AM	BLOCK 2A WED & THUR 9-11AM	BLOCK 1B MON & TUES 11:15-1:45PM	BLOCK 2B WED & THUR 11:15-1:45PM	
		AQUATIC	5		
SWIMMING	1A	2A	1B	2B	
SWIM INSTRUCTION			1B	28	
CANOEING	1A & 2A (N	ION-THUR)			
MOTORBOATING	1A	2A	1B		
LIFESAVING	1A & 2A (N	ION-THUR)	1B & 2B	(MON-THUR)	
KAYAKING	1A		<b>1</b> B	2B	
KAYAKING BSA		2A			
SNORKELING BSA	1A				
BSA GUARD			1B & 2B	(MON-THUR)	
SCOUTCRAFT					
CAMPING	<mark>1A</mark>			2B	
ORIENTEERING		2A			
PIONEERING			1B		
1B & 2B (MON-THUR)       WILDERNESS       SEARCH AND       RESCUE       EXPERIENCE		1B & 2B	(MON-THUR)		
GEOCACHING	<mark>1A</mark>				
FISHING	1A		<mark>1B</mark>		
EXPLORATION		2A		2B	
	SHOOTING SPORTS				
ARCHERY	<mark>1A</mark>	2A	<mark>1B</mark>	2B	
RIFLE SHOOTING	1A & 2A (MON-THUR)		1B & 2B (MON-THUR)		
SHOTGUN SHOOTING	14	<mark>2</mark> A	<mark>1B</mark>	2B	
ECOLOGY					
FORESTRY		2A		2B	
GEOLOGY & MINING IN SOCIETY		2A	1B		

	1A			28
ZOOLOGY (MAMMAL STUDY & NATURE)	_			
WEATHER	1A		1B	
ENVIRONMENTAL SCIENCE	1A & 2A (N	10N-THUR)	1B & 2B	(MON-THUR)
		HANDICRA	FT	
BASKETRY	<mark>1A</mark>		1B	
LEATHERWORKIN G			<mark>1B</mark>	28
WOODCARVING	<mark>1A</mark>		1B	
ART		24		
POTTERY	<mark>1A</mark>			
CHESS		24		2B
GAME DESIGN		24		2B
		FRONTIEF	R	
EMERGENCY PREPAREDNESS			2A	2B
COMMUNICATIO N			18	2B
FRONTIER! FIRST YEAR PROGRAM			1	
FIRST AID			1B & 2B	(MON-THUR)
		STEM	-	-
WELDING	<mark>1A</mark>		1B	2B
RADIO				2B
MOVIEMAKING	1A & 2A (MON-THUR)			
SPACE EXPLORATION			1B	<u>28</u>
ENGINEERING		2A		
ELECTRICITY & ELECTRONICS			1B	28
ROBOTICS	1A & 2A (N	10N-THUR)		
		COPE		
CLIMBING			1B & 2B	(MON-THUR)
COPE 1A & 2A (MON-THUR)				

# MERIT BADGE PLANNING/PREPARATION

### SELECTING MERIT BADGES

Selecting a merit badge depends on a variety of factors: the Scout's age, abilities, and the unit's year-round program. Each Scout's schedule should be challenging, but attainable. A Scout is at camp to have fun, not to be frustrated with incomplete merit badges. Remember each Scout is different, so each case should be handled individually. Most importantly, it's not how many merit badges are earned; it's how great of a time he had. We highly recommend all new Scouts join the Frontier! Program.

### PREREQUISITES

Numerous merit badges require work that must be done outside of camp to complete the merit badge. Please consult the 2023 GSR Prerequisite Guide for further information. To receive credit for work done outside of camp, please bring proof on the first day of class.

### **MERIT BADGE SUPPLIES**

Some merit badges may require additional fees. Please reference the 2023 GSR Prerequisite Guide for more information.

### PARTIALS

Any Scout finishing some, but not all, of the requirements for a merit badge will receive a "partial" merit badge. It tells what a Scout has and has not completed. They can work on requirements until their 18th birthday to complete any merit badge either at home with a qualified counselor or next summer at Hidden Valley Scout Camp. A counselor reserves the right to re-test previously passed requirements. Scouts should not have to fully re-take a merit badge if they have partial credit. Consult the Program Director for advice in this matter.

### EXTRA HELP

If a Scout is having trouble with any merit badge, we will give the help needed. Arrangements can be made for extra or make-up time with the counselor.

### ACCOMMODATIONS

We understand some Scouts may need accommodations. GSR and Hidden Valley Scout Camp will do everything in their power to support these. Please contact the Camp Director and/or Program Director at/or prior to your Pre-Camp Meeting to address this issue.

### **ADVANCEMENT POLICY**

As always, GSR's advancement policy is that a Scout must complete 100% of the requirements before receiving the badge. Some merit badges cannot be completed during camp unless prior work has been done before arriving at camp.

# **TROOP/PATROL ACTIVITIES**

Every day, including Friday, there will be two blocks for unit activities. These programs are designed to provide fun, enriching, and challenging experience for Scouts. In advance of the Pre-Camp Meeting, the SPL should survey the unit and/or PLC well in advance to see what activities they are most interested in doing at camp. Detailed descriptions follow in this manual of each program area and their offerings. We recommend you come prepared with back-up options!

ECOLOGY			
GSR Exploration	Astronomy		
Swamp Kayak Trip	Reservation Conservation Project		
SCOUT	CRAFT		
Dutch Oven Dessert	Pioneering Challenge		
Fire Building/Fireman's Chit	Show Me The Ropes (Knots, Splicing, Monkey Fists)		
	Orienteering Course		
HAND	CRAFT		
Ice Cube Candle Making	Leather Slide Craft		
Chess Tourney	Patrol Flag Project		
Open Handicraft (All of the above)	Totem Woodcarving		
SHOOTING SPORTS			
Troop Rifle Shoot	Troop Shotgun Shoot (13+)		
Troop Archery Shoot	X		
AQUATICS			
Assault Boats	Aquatic Craze		
Canoe Race	Troop Kayak		
Kayak Soccer	Snorkel Exploration		
Water Jousting	Water Basketball		
Watermelon Scramble	Walk on Water		
	STEM		
Patrol Welding	Patrol Blacksmithing		
COPE			
Troop/Patrol COPE	Troop/Patrol Climbing		
	NTIER		
Build Your Own Adventure! (Contact Program Director)	Troop Hike/Peak Bagging (Contact Program Director)		
Field Games (Ultimate Frisbee, Volleyball, Football)	Frisbee Golf		

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:0 0-8: 30P M	Opening Campfire (Council Ring)	Open Swim (Main Waterfront) Open Shoot (Shooting Sports) Inter-Troop Campfires (Campsites)	Water Carnival (Main Waterfront) Open Shoot (Shooting Sports) Open Handicraft (Handicraft)	Hidden Valley Ironman! (Main Waterfront) Dutch Oven Deepfry (Scoutcraft) Older Scout Night (STEAM & Athletic Field) Open Shoot (Shooting Sports)	Open Shoot (Shooting Sports) Night Hike (Mt. Shannon) Free Swim (Main Waterfront) Fingerprinting & Crime Prevention (Handicraft)	Closing Campfire (Council Ring)
8:3 0-9: 30P M		Night Shoot (Shooting Sports) Glow Sports (Athletic Field)	Night Climbing (COPE)	Night Climbing (COPE) Older Scout Night (STEAM & Athletic Field)	Night Shoot (Shooting Sports)	х

# **OPEN EVENING PROGRAM**

These programs don't require advanced sign-up, just show up! All programs are subject to change at a moment's notice.

# CAMPFIRES

Our opening campfire on Sunday provides you with the knowledge to tackle the week at GSR, with plenty of laughs and skits!

Want to showcase a skit, stunt, or song in front of the entire camp? Now is your chance! We encourage each unit to do a skit during our Friday closing campfire!

Our camp staff will continue to showcase our amazing skits! To showcase your skit, it must be approved by

<u>the Program Director at the Thursday SPL Meeting– at the latest!</u>

If it's not quite ready, we'll help develop it!

# FRIDAY PROGRAM

Friday is a full day of fun! No merit badge classes! Begin the morning with 90-minute unit activities, compete with other units in campwide games, enjoy open program across the camp, and wrap it up with laughs and reflection at our Closing Campfire!

Stay tuned throughout the week for news and updates, some events may require advanced signup!

#### HIDDEN VALLEY SCOUT CAMP PROGRAM SCHEDULE 2022

Instruction     Instruction     Instruction       Rescale (7:00AX)     Rescale (7:00AX)     Rescale (7:00AX)       Rescale (7:00AX)     Rescale (7:00AX)     Rescale (7:00AX)       Plags (7:150A)     Hags (7:150A)     Rescale (7:00AX)       Plags (7:150A)     Image (7:150A)     Hags (7:150A)       Plags (7:150A)     Breaklas (3:00 - 8:30AX)     Breaklas (3:00 - 8:30AX)       Breaklas (3:00 - 8:30AX)     Breaklas (3:00 - 8:30AX)     Breaklas (3:00 - 8:30AX)       Tatvel Time     Tavel Time     Tavel Time     Tavel Time       MB Block: 1A     MB Block: 1A     MB Block: 1A     NB Block 2A       (7:00 1:00AX)     (7:00 1:00AX)     (7:00 1:00AX)     (7:00 1:00AX)       Tavel Time     Tavel Time     Tavel Time     Tavel Time       Tavel Time     Tavel Time     Tavel Time     Tavel Time       MB Block: 1B     MB Block: 1B     MB Block 2B     MB Block 2B       30 Minute tumb induce of (11:15:1:45 MSFR)     30 Minute tumb induced (11:15:1:45 MSFR)     Travel Time       Travel Time     Travel Time     Travel Time     Travel Time       Travel Time     Travel Time     Travel Time     Pre Time & Inter       Travel Time     Travel Time     Travel Time     Pre Time & Inter       Travel Time     Travel Time     Travel Time     Pre Time &	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Free Time SPI Meating - 2PM     *ree Time SPI Meating - 2PM     ree Time       Free Time     Troop-Patro Activity Block (+0.05 - 00PM)     Troop-Patro Activ	30 Minute Lanch Included	30 Minute Lunch Included	30 Minute Lunch Included	30 Minute Lunch Included	
SPI Meeting - 2PM     SPI Meeting - 2PM     SPI Meeting - 2PM     SPI Meeting - 2PM       Lico arbitrol Activity Block     LicopPatro Activity Block     LicopPatro Activity Block     Comparison Commentitions Open Programs       1000 arbitrol Activity Block     LicopPatro Activity Block     LicopPatro Activity Block     LicopPatro Activity Block       1000 arbitrol Activity Block     LicopPatro Activity Block     TroopPatro Activity Block     LicopPatro Activity Block       1000 arbitrol Activity Block     LicopPatro Activity Block     TroopPatro Activity Block     LicopPatro Activity Block       1000 arbitrol Activity Block     LicopPatro Activity Block     TroopPatro Activity Block     LicopPatro Activity Block       1000 arbitrol     LicopPatro Activity Block     TroopPatro Activity Block     Free Time       Free Time     Free Time     Free Time     Free Time       Free Time     Free Time     Free Time     Free Time       Dinner (6:00 7:00PM)     Dinner (6:00 7:00PM)     Binner (6:00 7:00PM)       Dinner (6:00 7:00PM)     Dinner (6:00 7:00PM)     SPL Meeting (7:00 7:00PM)       Open Locning Programs     Open Night Programs     Open Night Programs       (7:00PM - 8:30PM)     Dipen Locning Programs     Open Night Programs       (2:00 P M - 8:30PM)     Dipen Night Programs     Open Night Programs       (2:00 P M - 8:30PM)     Dipen Night Programs <t< td=""><td>Travel Time</td><td>Travel Time</td><td>Travel Time</td><td>Trevel Time</td><td></td></t<>	Travel Time	Travel Time	Travel Time	Trevel Time	
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# **LEADERSHIP MEETINGS**

### SPL MEETINGS

Every day, at 2:00PM, SPLs will meet outside of Carter Lodge in Carter Grove. These meetings will take place with the Program Director and various Commissioners. Each SPL should be ready to talk about their experience at Hidden Valley! Bring questions, comments, or concerns. These meetings are crucial to provide updates about various programs, upcoming events, and the like!

### **CAMP DIRECTOR MEETING**

Come down to the Hidden Valley Council Ring (weather permitting), on Tuesday at 2PM to meet with our Key Staff! Learn about check-out procedures and other important information. We'd love to hear your feedback, whether good or bad! *Feedback is a gift!* 

Don't be afraid to address any issues with your campsite Commissioner! They act as your liaison and are there for you! They can either assist or direct you to the appropriate staff.

# **ADULT LEADER OPPORTUNITIES**

### THE GRISWOLD GUILD

Want to give back to the camp we all love? Let us know! You, with the assistance of the Ranger Staff, can take on various projects around Griswold Scout Reservation. If you have any advanced skills or knowledge, let us know prior to your arrival!

### ADULT LEADER SHOTGUN SHOOT

Want to show off how good of a shot you are? Or maybe just learn the basics? Come on down to the Shotgun Range Thursday at 2:00PM! This is a great opportunity to chat with key staff, give kudos, or other input! Shot cards required!

### TRAININGS

Please reference the GSR Adult Leader's Guide and future publications for more information about the various adult leader trainings offered.

# **OUTPOSTS**

Open to patrols of all ages! Must register at Pre-Camp Meeting. Choose a location and then choose a theme!

Talk with the Program Director to find a program that is best for the skills of your patrol! *Example: Crew 1971 would like to do Stargazing at the Mount Shannon Summit!* 

PROGRAM **LOCATION Mt. Shannon Summit** Wilderness Survival A Hidden Valley staple! Spend the night on the summit of Mt. Can you survive with limited resources? Can you make your own Shannon that overlooks the center of Hidden Valley! shelter with you patrol? Scavenge for supplies! No tents! Ancient Scoutcraft **Compass Cuisine** We all love camp cooking! Can you find your food, though? Use Travel across Lake Eileen to a remote, little-known historic site where only those with the brightest flame of Scouting dare to go! your critical thinking, navigation, and orienteering skills to find it! **Athletic Field** Stargazing At the edge of Hidden Valley, near the COPE Course. Travel out to A simplistic, yet always enjoyable outpost. Spend a night under the a peaceful, serene field and spend the night! stars and enjoy gazing at the beautiful constellations! Lake Eileen Cove Search & Rescue/First Aid

Hike out to a secretive site on the shore of a Lake Eileen cove! It will truly be a beautiful night in this isolated site. Search & Kescue/ First Ald Can your patrol mobilize and find a missing Scout? When you find them, render basic first aid, transport them, then set up camp!

### TREK OUTPOSTS (NO THEME)

Recommended for older/experienced Scouts.

Goat Pasture Hill	Mack Ridge
Venture off and discover one of GSR's most secretive but coziest	Hike towards Camp Bell, discovering a beautiful ridge overlooking
summits for an amazing night!	the Belknap Mountain Range.

#### ALL UNITS MUST PROVIDE AN ADULT LEADER (21+) TO PROVIDE ADEQUATE COVERAGE. OUTPOSTS CAN ONLY BE SCHEDULED ON TUESDAY OR THURSDAY.

PLEASE BRING WITH	YOU FOR OUTPOSTS
PERSONAL Sleeping Bag Ground Pad 1 Change Of Clothes Scout Essentials Mess Kit Small Backpack	PATROL Tent(s) Tarp/Ground Cloth Cook Kit (With Large & Small Pot) Fry Pan Serving Spoon Scout Spirit!

# **FRONTIER!**

The Frontier! Program is designed exclusively for the brand new, "never been to summer camp" Scouts from your Troop.

The format of the program each day is modeled after an ideal meeting. All Frontier! participants will be grouped with Scouts from other Troops to form patrols and the "Frontier Troop." Patrols will elect Patrol Leaders each day, make a flag to show unity and spirit, and do all sorts of things together. Fun and learning is the name of the game!

The Frontier Troop will spend each day learning about and experiencing the basic outdoor and Scouting skills. Because of the large volume of material to be covered, it is highly recommended and encouraged that Troops retest and review skills – before and after – which are learned in Frontier.

Frontier! Scouts should always carry a water bottle, raingear, and other supplies needed for that day in a personal daypack. Be Prepared!

On Friday, Frontier! participants will take part in their biggest challenge yet! A 5-mile hike that incorporates skills learned throughout the week. The hike also includes a trail lunch, a visit to the top of a mountain, a pass through a secluded swamp, and a tour of across the Reservation! Scouts will get to explore Camp Bell!

You'll never forget this!

#### SCOUTS WILL BE INSTRUCTED IN THE FOLLOWING:

Scout Requirements: 1a, 1b, 1c, 1d, 1e, 1f, 2, 2a, 2b, 2c, 2d, 3a, 3b, 4a, 4b, 5.

Tenderfoot Requirements: 3a, 3b, 3c, 3d, 4a, 4b, 4c, 4d, 5a, 5b, 5c, 7a, 8.

Second Class Requirements: 1b, 2a, 2b, 2c, 2d, 2f, 2g, 3a, 3b, 3c, 3d, 4, 5a, 5d, 6a, 6b, 6c, 6d, 6e, 8a, 8b, 9a.

First Class Requirements: 1b, 3a, 3b, 3c, 3d, 4a, 4b, 5a, 5b, 5c, 7a, 7b, 7c, 7d.

Totin' Chip, Firem'n Chit, and the Outdoor Code will all be taught, also.

To receive a FRONTIER! Certificate, the Scout must complete every requirement listed above (including the hike) and attend all periods. The unit is responsible for the final passing of the requirements achieved. Though we are confident the Scout will know all material presented, we encourage Troop Leaders to retest their Scouts each night in the campsite – as well as when you return home from summer camp

NEW FOR 2023: Eagle Required Merit Badges such as First Aid, Communication, and EPrep will be provided by Frontier staff during afternoon blocks (Monday-Thursday). It is not a part of the Frontier program, but is a badge taught by Frontier staff.

# AQUATICS

### PATROL / TROOP / CREW ACTIVITIES

#### **AQUATIC CRAZE (Main Waterfront)**

Enjoy the inflatables (trampolines, climbing iceberg, etc.) at Main Waterfront and find out what all the buzz is about.

#### **ASSAULT BOATS (Main Waterfront)**

A Hidden Valley staple! Can you keep your rowboat afloat longer than your opponent? Guaranteed laughter and fun to be had!

#### **CANOE TRIP**

Row, row, row your canoe, gently down sunset-ty...merrily merrily merrily merrily this tour feels like a dream. Take your Troop on a lake tour and enjoy all its beauty.

#### KAYAK SOCCER

A Scout is clean, but this activity will make you feel like the Kayak version of (Lionel) Messi. Utilize your balance, speed, and creativity to stay afloat as your team moves together with one goal in sight...the soccer goal, of course!

#### CANOE RACE (Sunset Waterfront)

Racers start your paddles! Who in your patrol can paddle out to the island in the middle of Sunset Lake and back the fastest? There's only one way to find out.

#### WATER BASKETBALL (Chase Waterfront)

Steph Curry's got ice in his veins when he shoots from three, but you'll have the refreshing feeling of the Chase waterfront. Your patrol can dribble and shoot your way to the top in this classic twist to the sport that'll make team building a slam dunk.

#### WATER JOUSTING (Main Waterfront)

Buddy pairs demonstrate their strength & balance to see who can stay standing on their joust pad without getting knocked down!

#### WATERMELON SCRAMBLE (Cgase or Main Waterfront)

Two teams...two sides...one watermelon! Face off in an activity that combines the thrills and teamwork of football and rugby with the refreshing feeling of water...and of course watermelon.

#### WALK ON WATER (Main Waterfront)

One small step for scout, one giant leap for your troop. See if you can balance your way to the center of Lake Eileen through this challenge that'll put your balance and athleticism to the test.

#### **SNORKEL EXPLORATION (Sunset Waterfront)**

Explore the depths and aquatic wildlife of Sunset Lake!

#### **OPEN SWIM (All Waterfronts – At Times Listed)**

No advanced signup required. Take a refreshing dip as you spend the time relaxing and having fun with members of your patrol and other scouts! Make sure to bring a buddy!!

## ECOLOGY PATROL / TROOP / CREW ACTIVITIES

#### **GSR EXPLORATION**

Want to go to the summit of Mount Shannon and enjoy a 'bird's eye view' of Hidden Valley? Or walk around the Swamp and explore its unique plants and animals? Maybe follow the shoreline loop of Lake Eileen? Perhaps even take an extended hike to the Mack Ridge and back while learning about the beautiful wilderness. You can do any of these with your troop and a staff member with **P**lan Your Own Hik**e**! It's the fun of all the classic Ecology hikes in one Program!

#### ASTRONOMY

When you wish upon a star...you know you're at camp. Look at the summer constellations and learn about the sky's celestial bodies and the myths which accompany their storied history. It's a tradition as old as time, but there's no better time to do it than when you are at GSR. Patrols who sign up for this can work on the Astronomy Merit Badge or enjoy a nice night looking at the stars. Note: If you are signing up for the badge an afternoon activity slot is required.

#### **CONSERVATION PROJECT**

Help maintain Hidden Valley and practice the Outdoor Code! With permission from your troop leaders this could be used toward rank advancement and it's a good way to give back to the "Land Made for Scouting."

#### SWAMP KAYAK TRIP

Over the swamp and through the swamp on a swamp kayak you can go! Get an inside view of the Ecology Swamp through a guided kayak trip across the murky swamp and beyond. (Did we mention it takes place at the swamp?)

#### **BOULDER EXPLORATION**

Climb boulders and explore 10,000-year-old glacial caves while ascending the southwest slope of Mt. Shannon. **Boulder Exploration must have Adult Leaders in attendance** 

# HANDICRAFT

#### PATROL / TROOP / CREW ACTIVITIES

#### ICE CUBE CANDLEMAKING

Grab a paper cup, add a wick, pour some wax, and then add some ice cubes...what do you get? A candle! **LEATHER SLIDE MAKING** 

Take this opportunity to build a slide for your neckerchief that would make even Baden-Powell proud! **PATROL FLAG MAKING** 

The Patrol Method is the most important method in all of Scouting. What better way to show your Patrol Spirit, than with a Patrol Flag you can be proud of having made as a team! Show your new flag off at a camp-wide assembly!

#### **TOTEM MAKING**

Have you ever wanted to make a three-dimensional 'monogram' for yourself using Scout-approved materials? Now is your chance!

#### **CHESS TOURNEY**

A Scout is thrifty, but it's time to put that in check. Can you out-strategize the other members of your Unit? Protect your king and you *"knight"* be in for a surprise!

## New for 2023: Open Handicraft!

All of the above activities will be available at Open Handicraft on Tuesday nights! Bring a buddy and come to the Bell Side of Carter Lodge to let your imagination run wild!

Need to work on merit badge requirements or create some art? This evening activity is just for you!

# SCOUTCRAFT

### PATROL / TROOP / CREW ACTIVITIES

#### **DUTCH OVEN DESSERT**

With guided instruction, learn and do every step of the process of preparing and cooking a delectable campfire masterpiece!

#### FIREBUILDING / FIREM'N CHIT

If your Scouts wish to practice (or even receive an introductory lesson) in fire building – as well as fire lays – this is the place to be!

#### **PIONEERING CHALLENGE**

Come on down and practice pioneering fundamentals! The skies are the limit with what your patrol can make. From camp chairs to your own playgrounds. Let your imagination and skill run wild as you make your special creation.

#### **ORIENTEERING COURSE**

Try an orienteering course...or make your own! Put your skills and teamwork to the test in this classic sport and try to place yourself into the GSR record books.

#### LEARN THE ROPES

Learn to make <sup>1</sup>/<sub>4</sub> inch rope using bow string and twine. Who knew it was this easy and fun? Learn all the ways to splice!

## **STEM**

#### PATROL / TROOP / CREW ACTIVITIES

#### PATROL WELDING (13+)

It's the best of both worlds. Learn the basics of arc welding and make a cool project along the way! **PATROL BLACKSMITHING** 

Bring your patrol for this unique experience and learn how to forge some HOT METAL!

# **SHOOTING SPORTS**

#### PATROL / TROOP / CREW ACTIVITIES

#### **TROOP RIFLE SHOOT**

Are you a marksman? To find out you'll need to give it your best shot...literally! Make your way onto the Hidden Valley bulletin board and enjoy some good old fashion shooting fun!

#### **TROOP ARCHERY SHOOT**

Ready?...Aim...Fire! Channel your inner Robin Hood as you practice and master your fundamentals with a compound or recurve bow.

#### **TROOP SHOTGUN SHOOT (13+)**

Can you get a perfect score? Well, there's only one way to find out. Put your troop's skills to the test to see if you could set GSR records for not only your week of camp, but also the 2023 season. Shot cards must be purchased.



#### **TROOP COPE/CLIMBING**

The Troop COPE/Climbing program is an opportunity for troops to participate in team building and high ropes exercises. Each troop will have the opportunity to meet with a member of the COPE staff to customize their program. Only age-appropriate elements will be open to the troop. Certain elements require scouts to be aged 14 and up.

Program Planning Guide

# PERSONAL GEAR PACKING LIST

### WEEK-LONG

Extra Shirts (Long Sleeve Needed For Some Programs) Extra Pants (Pants Needed For Some Programs) Extra Shorts Extra Socks Extra Underwear Class A BSA Uniform Jacket Rain Gear Sleep Wear Over-The-Ankle Hiking Boots (Needed For Some Programs) Swimsuit Extra Towels Toiletries (Washcloth/Soap/Comb/Shampoo/Toothbrush/Toothpaste/Deo dorant) Daypack (with Scout Essentials)

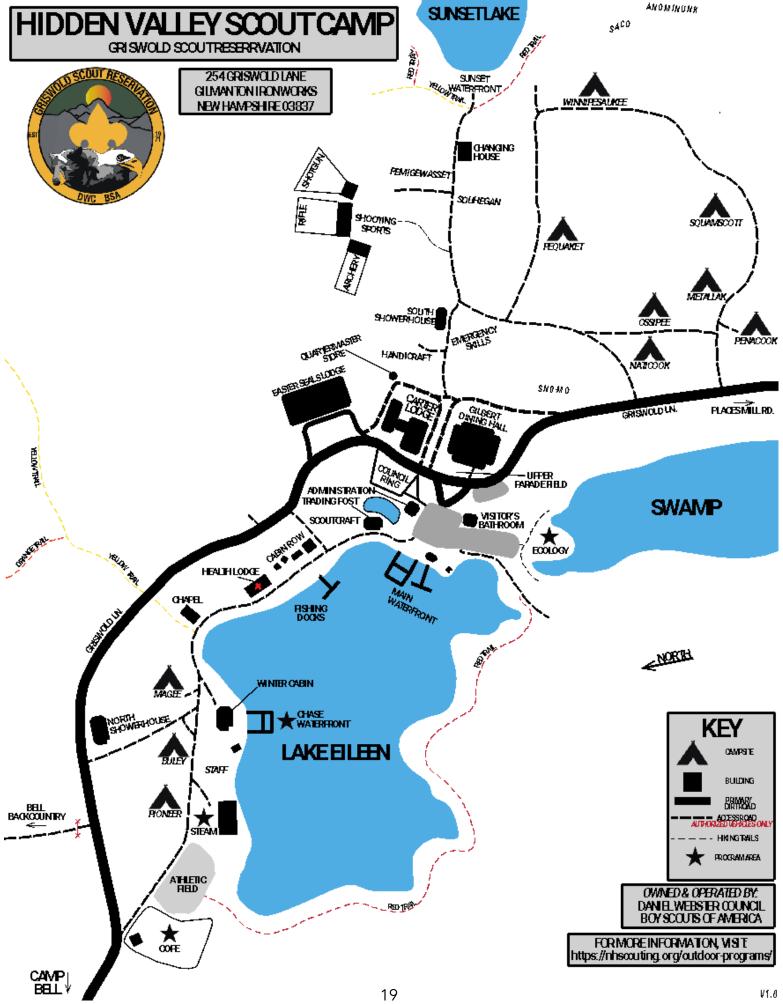
Sleeping Bag Pillow Personal First Aid Kit Flashlight (Check Batteries!) Wallet & Money Pocketknife (No Sheath/Fixed Blade – 2<sup>1/2"</sup>Blade Or Less) Handkerchief Notebook, Pen, Pencil Scout Handbook Bug Spray (Non-Aerosol) Sunscreen (Non-Aerosol) Sunscreen (Non-Aerosol) Bug Net (No PVC!) Watch Water Bottle(s)

### LEAVE AT HOME

Pets, sheath knives, fireworks, firearms, ammunition, bows & arrows, radios/walkie-talkies, televisions, electronic games, water/nerf/airsoft or paintball guns, dice, unscout-like literature, alcoholic beverages and illegal drugs or similar items (or people under the effects of them). Valuable items should certainly be left at home.

<b>CONSIDERATIONS FOR PROGRAM AREAS</b>		
	Bathing Suit (One-Piece Suit For Females)	
Aquatics	Standard Clothing	
Aquatics	Towel	
	Personal Goggles (Optional)	
Ecology	Sturdy Shoes, Daypack, Water	
Frontier!	Sturdy Shoes, Daypack, Water	
Scoutcraft	Sturdy Shoes, Daypack, Water	
COPE & Adventure	Sturdy Shoes, Daypack, Water	
Blacksmithing/Welding	Long Pants & Long Shirt	
Shooting Sports	Shot Cards (Shotgun Only)	
Fishing	Fishing Pole & Tackle	
Hidden Valley Ironman	Comfortable running, swimming, and active clothing.	
OA Day/Venturing Day	OA Sash/Venturing Uniform	

Scouts and Leaders should mark each of their personal items with their name and unit number. Many, many items are lost or misplaced and are never claimed. If items are marked, GSR will try their best to return them to the rightful owner.



Program Planning Guide