

# NYLT Participant Packing List

(updated Jan 2020)

## REQUIRED

- Personal Medication (to be turned into nurse in original prescription bottles with appropriate forms)
- Backpack – you will carry all of your gear up the hill to your site. (foot lockers and duffle bags don't work well at all)
- Scout shirt with proper insignia
  - Class As are worn at all flag ceremonies, breakfast, and dinners
  - OA Sash (if in OA)
  - Venture Scouts can clarify uniform expectations at pre-camp meeting
- Scout shorts (at least two pairs) (Scouts will be in uniform all week)
- Scout socks (at least three pairs) (Scouts will be in uniform all week)
- Sneakers for in camp (most of our activities are in the camp site or in program areas)
- Hiking boots for Outpost and foul weather
- Sleeping Bag and bug net (we'll be in two person framed tents most nights)
- Backpacking tent for outpost. (coordinate with patrol members at pre camp meeting)
- One set of old clothes & shoes that can get very dirty and you won't be upset about never using them again (used for Challenge Valley and Realistic First Aid)
- Rain Jacket and a Sweatshirt
- Towels, shower shoes, Swim suit
- Cup/Bowl/Plate/knife/fork/spoon (and spices if you want. Patrols cook their own meals)
- **Day Pack**
  - Personal first aid kit, Sun Screen lotion, Insect repellent
  - 1-liter water bottle
  - Pen and Pencil, Scout Handbook
  - Flashlight, Compass, Watch, Pocket Knife

## NYLT provides

- NYLT baseball hat
- Three NYLT T-shirts
- Participant Notebook

## Don't Bring

- Foot lockers (see note for backpacks)
- Junk food, Fireworks, Fixed Blade, Knives, Vaping or tobacco products
- Cell phones, Laser Pointers, Radios, MP3, Computers, IPODs, etc.
- You can leave Troop neckerchiefs and Merit Badge Sashes at home